## INSPECTION COPY OF SNAP TOOL

**SNAP: Support Needs for Patients** 

This is a watermarked copy of SNAP tool and is for inspection purposes only – it must <u>not</u> be used for research or clinical practice.

The SNAP tool is available in an A4 (single sheet) or A5 (booklet) format – this watermarked inspection copy is in the A5 (booklet) format.

Once you have assessed the SNAP tool for suitability you must formally request a full licence. If the licence request is for use of the SNAP tool in clinical practice (outside of, or within, a research study) then SNAP training must be completed – SNAP training is available online, free of charge, at: theSNAP.org.uk

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## How are you

We would like to know what support you need. Please tick the box that best represents your needs now, for each statement below.

uld like to know what support you need. Pl st represents your needs now, for each stat				
Do you need <b>more</b> support with	No	A little more	Quite a bit more	Do you need more support with A Quit a bit more more
understanding your illness				practical help in the home or garden
managing your symptoms (including medication and oxygen)				your personal care (e.g. dressing, washing)
dealing with your feelings and worries				aids or equipment to help you
looking after any other physical health problems you may have		6/	<b>N</b>	family relationships (including talking to your relatives about your illness)
having a healthier lifestyle (e.g. keeping active or eating well)				knowing what to expect in the future
getting out and about				accessing or using services
overcoming boredom or loneliness				anything else - please write in:
financial, legal, work or housing				
issues				Does a family member or friend who helps you need more support?

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