



<https://www.uea.ac.uk/about/working-at-uea/retirement-association>

UEA RETIREMENT ASSOCIATION NEWSLETTER

No. 78

June 2026

ANNUAL GENERAL MEETING

**The 26th Annual General Meeting of the Retirement Association will take place on
Tuesday 23 June 2026 at 2.00 pm
in the Costessey Centre, Longwater Lane, Costessey.**

To be followed by the talk 'Ballads, Songs and Snatches' – Norwich G&S Society

The agenda and a sheet for nominations of officers can be found at the end of this newsletter.

INTRODUCTION

Welcome to the June edition of Renaissance containing details of all events and activities for members from June to October 2026 and in some cases further into the year. As you can see there are plenty of events available to you, including walks, talks, lunches and garden visits. There are also the regular meet-ups for the Art Group, Book Group, Knit and Natter, Games Afternoon and Film Group. Also worth noting is the ever popular October short break walking holiday, details further down this newsletter.

You can find a brief summary of all events with dates on the 'Dates for Your Diary' page at the end of this newsletter with more details in the sections for each group/activity. If you haven't attended any events before, or would like to try something new then please come along. They are a great opportunity for socialising and meeting new and old friends and you'll be made very welcome.

Although we have had some new members join during the past year we still need to encourage new people to join the Association. So, if you know someone who is eligible, a former colleague at UEA or the Research Park, please encourage them to join us and help the Association continue to thrive. It is also worth noting that alumni could be

eligible and those who have done some occasional lecturing, or even retired NNUH staff, at the discretion of the Chairman. An application form can be downloaded via the Association's web page at <https://www.uea.ac.uk/about/working-at-uea/retirement-association>.

Once again a reminder that some of our committee members have been on the committee now for a number of years and are looking forward to the time when they might 'hand over the reins' to someone else. In particular, we will need someone to take over from Denis Brown as Treasurer in the not too distant future. It would also be good to have a couple more ex-officio members on the committee to help with running the Association and planning events etc. Without a strong committee it will be difficult to maintain a thriving Retirement Association. If you think you may be interested in any of these roles please contact a member of the committee.

NOTICE BOARD

GENERAL DATA PROTECTION REGULATIONS 2018

In order to comply with the General Data Protection Regulations 2018, the UEARA Committee has previously agreed a Privacy Statement, which is published along with the Membership Application Form on our website. The Privacy Statement is also published in the October edition of Renaissance each year and sent to all existing members along with a membership renewal form .

CONTACTS

Secretary:	Alison Ward	01603 452330
Membership Secretary:	Keith Woods	01603 810980
Website/Renaissance Editor:	Steve Mosley	01603 437176

Email: uearetired@gmail.com

Website: www.uea.ac.uk/about/working-at-uea/retirement-association

BACS PAYMENTS

Internet banking has been set up to access UEARA Bank Accounts and we are able to accept payments such as for subscriptions, outings etc. by Bank Transfer as well as by cheque or cash. Should you wish to make payments in this way the UEARA account details are as follows:

Account Name: U E A Retirement Association

Sort Code: 20-62-53

Account No: 70487589

Please note that there are spaces between the U and E and A. This is important when typing in the name the first time as UK Banks carry out name checks to prevent fraud (called Confirmation of Payee) and if the spaces are omitted it will not be able to match the name.

OBITUARIES

David Holland

We are very sorry to report the death of Dave Holland in February, aged 76 years. He was born in Wimbledon and grew up in various parts of London. His first career was with the Midland Bank where he progressed from cashier to Bank Manager. In the nineties, he began his second career as a School teacher in Kent and Norfolk. He enjoyed playing football and watching rugby. He was also a keen athlete, playing squash and running marathons.

Dave and Mandy were married in 1976 and came to live in Norfolk in August 2002. After retiring they joined the retirement association. Dave enjoyed the talks, walks and holidays. He and Mandy were often part of our best quiz team on our HF holidays and won the inter-HF hotels competition. He was a very kind and friendly person and will be sorely missed by Mandy, Steve and Chris to whom we send our sincerest condolences.

John Johnson

HOLIDAYS

Gentle Guided Walking Holiday at Church Stretton 5-9th October 2026

Our Holiday in 2026 will be at the Long Mynd, Church Stretton in the Shropshire Hills. This is a Monday to Friday holiday with walks on the Tuesday, Wednesday and Thursday. On this holiday we will have gentle guided walks with HF Leaders and they will provide transport to and from the walks. Long Mynd is in Church Stretton, not far from Iron Bridge, Ludlow and Shrewsbury. The Postcode is SY6 6AG.

There's more at:

www.hfholidays.co.uk/holidays-and-tours/4-night-shropshire-hills-gentle-guided-walking-holiday

Look for the "Tripnotes" download.

Long Mynd is HF's largest house and has recently had a £4million upgrade. Long Mynd was originally built as a spa hotel above the village, with panoramic views over the Stretton Hills. It will certainly be more comfortable and smarter than Abingworth. We have booked 36 places, which is not the whole house and we expect to share with other walking groups. We are using the Gentle Guided walking programme again with 3 slower paced walks ranging from 3½ to 7½ miles. Church Stretton is well connected with bus services on the B5477. If you would like to come as a non-walker, please let us know.

The cost of the holiday is currently quoted at £595 per person. All rooms are en suite. The price includes bed, breakfast, packed lunch for everyone and an evening meal. The distance from Norwich is about 200 miles via the A14 and M6 around Birmingham. We will organise a coach from Norwich if there are enough takers and share the cost between all the passengers.

We have booked 36 places with HF. Early booking as a Group has great benefits for us with discounts! There are no single supplements. However, we do have to pay our deposits very early to secure the necessary classic rooms and limited single rooms. Later bookings will be subject to HF availability, especially singles.

A deposit of £75 is needed, with the booking form to secure your booking.

Please do ensure you have appropriate travel insurance. If you need to cancel for any reason, you will lose your deposit. The final balance will be due at the beginning of August 2026 and is not refundable.

Keith & Jan Woods. Tel: 01603 810980, Email: woods521@icloud.com

OUTINGS

The only outings organised at the time of writing is the Garden Group visit to Oulton Hall Gardens on 12 June and the visit to the Norfolk School of Gardening on 9 September. For further details about these see the Garden Group section.

TALKS

All talks take place in the Costessey Centre, Longwater Lane NR8 5AH at 2.15 p.m.

A contribution of £1 (members) and £2 (guests) is requested.

Tuesday, 23 June 2026

'Ballads, Songs and Snatches' – Norwich G&S Society

Six members of the Norwich Gilbert and Sullivan Society will entertain us to an hour of captivating songs from the immortal G&S Operas. Beverley Mc Innes, Janet Theobald, Pam Warren, Tim Hurst-Brown, Kevin Jackells and Patrick Monk will perform some familiar numbers from 'HMS Pinafore', 'The Pirates of Penzance', 'The Mikado', 'Iolanthe', 'The Yeomen of the Guard' and 'The Gondoliers'. Peter Woods will accompany the singers, and John Balls will narrate. Don't miss what promises to be a delightful afternoon's entertainment!

Tuesday, 22 September 2026

'The Great Fire of Norwich 1508' – Prof Carole Rawcliffe

Carole Rawcliffe is Emerita Professor of Medieval History at UEA. Her research has focussed on the history of the practice of medicine in medieval England and the history of the East Anglian region. She is chair of the Council of the Norfolk Record Society and was the editor of *The History of Norwich* (2004).

Tuesday, 27 October 2026

'Reviving the Medlar' – Jane Steward

- Introduction to the medlar, its original homeland and how it may have arrived in Britain.
- Evidence of early cultivation here, and why they became fashionable and much later, fell out of favour.
- How to grow medlars successfully, diseases (few), pests (not many).
- I will bring a patio medlar to show what is possible in a pot.
- Medlars in the kitchen, how to get the most from them.

There will be fruit to taste, as well as jars of jelly and chutney to taste, and buy if that is appropriate.

Tuesday, 24 November 2026

'Harrods and Brighton bombings and a few more!' – Paul Jordan

Paul joined the Metropolitan Police in October 1977 as a career detective and spent time on the anti terrorist branch before becoming an instructor at Hendon (the Met Police training school). He then moved into the world of covert policing where he spent his last 18 years of service, retiring in 2021.

The talk will describe the tireless efforts that resulted in convictions for the terrorist attacks of the 1980s.

We are always looking for interesting speakers so if you hear of a good talk, please let me know

Margaret Robins

WALKS

Walks are generally around 5 miles, but occasionally longer or shorter walks are arranged and wherever possible there are shortcuts available **All walks start at 10.30am (unless otherwise stated) but please arrive at the meeting place by at least 10.15am**, especially if a pub lunch is planned in case we have to pre-order food. Car sharing would be appreciated. Walking boots or sturdy shoes are recommended.

Places on the walks must be booked by contacting the walk leader via email or telephone, by the deadline date shown. Please ensure emails contain your name, contact telephone number, number of places and, where appropriate, the number of lunches required. This is particularly important for walks with pub lunches so that the managers may reserve appropriate space for us. Please note that there may be limited numbers for some pub lunches, and these will be allocated on a strictly 'first come first served' basis (so it pays to contact the walk leader as early as possible!).

We are always looking for members willing to lead walks so if you have a favourite walk which you are willing to share with others, please contact Alan Jones at jonesalan9@hotmail.com

Alan Jones

These walks, and all other sporting and leisure activities, have inherent hazards associated with them. In spite of the safety of members of each walk being of paramount concern to its leader/leaders, accidents will occasionally occur. It is important therefore that, before taking part in any of our walks, every member appreciates that they each have an individual responsibility to be aware of possible hazards, and will each be expected to take all reasonable steps to minimise any potential for an accident to occur.

i.e. each walker takes part at his/her own risk.

Tuesday 9 June

Halesworth and Chediston

Leader: Eleanor Cockerton
Stephen Morgan

Email: eleanorcockerton@yahoo.co.uk
Mobile 07811 052252

Deadline for receipt of emails or telephone calls: Sunday 1st June

This walk is around 5 miles and starts at the Angel Hotel in Halesworth. There is limited parking at the hotel but there is also a public car park next door if necessary. We will take a follow mainly well-maintained paths and tracks to the west of Halesworth, stopping at Chediston church before returning to the Angel along a different route.

Please arrive at 10.15 to give time to use the facilities and be ready to start at 10.30

The Angel has requested that we use the public car park next door as the hotel car park is quite small.

Grid ref: OS Explorer 231 774389 Post Code for The Angel: IP19 8AH

Tuesday 14 July

How Hill and Ludham (Picnic lunch)

Leader: Steve and Joan Mosley

Email: stevemos76@icloud.com

Tel: 0160347176

Mobile on the day 07887399106

Deadline for receipt of emails or telephone calls to confirm attendance: Monday 13 July

Distance approximately 5 miles with possible shortcuts.

This walk will start and end at How Hill with a Picnic at the end. There is also a mobile catering van there which serves drinks, paninis and cake etc. Toad Hole cottage is available to look round free and they have ice cream available. If you prefer to have lunch at a pub then the Dog at Ludham Bridge and the Kings Arms in Ludham both provide lunches, but you will need to make your own booking arrangements or take a chance on the day. At How Hill there should be ample parking and there are toilets for both of which there is a suggested donation (cash or website).

The walk consists of tracks through fields and alongside the river Ant, with short stretches on quiet minor roads. There are no stiles. There are several shortcuts available for those that require it which will be highlighted on the day. Starting from How Hill the walk will follow the course of the river Ant down to Ludham bridge where there are also toilets available and we will have a short break. From Ludham Bridge we will walk along minor roads and tracks, skirting around Ludham and circling back to How Hill.

Please arrive by 10.15 for a 10.30 start.

Grid ref: OS TG 37216 18858 Post Code: NR29 5PG

Tuesday 11 August

East Ruston and Stalham

Leader Janice Darch

Email janicedarch@gmail.com

Emergency phone 07796932595

Deadline for receipt of email to confirm attendance: Monday 10 August.

Distance 8 miles on Weavers Way, good field paths & back roads. Picnic lunch.

We start with a short stretch on Weavers Way and then head on paths to East Ruston church for a break. Gaps in the hedge allow us to peep into the Old Vicarage Gardens as we head towards Ingham and footpaths back into Stalham. As we pass through Stalham back to our cars there are opportunities for a refreshment stop and an explore of the village.

Start: Street Park or car park at NW end of Stalham at junction of A149 & High Street NR12 9AH. Meet where Weavers Way leaves the road.

OS 1:25000 sheet 40. Grid ref 367252

Please arrive by 10.15am for a 10.30am start.

Tuesday 8 September

Lyng and Sparham Pools

Leaders Bill and Sue Rhodes

Email: sueandbill27@btinternet.com

Tel: 01362 697053

Mobile on the day: 07538 962842

Deadline for receipt of emails or telephone calls: Monday 24 August 2026

This is a 4 ½ mile walk starting at The Fox in Lyng where there is a large car park behind the pub. Toilets will be available before our walk. We will walk by the mill race before taking a path circling the pools, then continue along part of the Wensum Way. We will pass the conservation area where otters are living and continue through tracks and

fields. There are some narrow gateways, a small section of board-walk, one tricky style with a very rickety gate which we can use instead, and one fairly steep hill to walk up. A wonderful view is your reward! Occasionally cattle are allowed to graze on the Wensum Way footpath. Some areas may be muddy after rain.

The circular walk passes St Margaret's Church which we will have plenty of time to visit as we return to the pub. At the beginning and end of the walk there are small distances along quite a busy, narrow road.

Lunch at The Fox will need to be pre-ordered a week in advance. We will send a menu and details nearer the time. Please arrive by 10.15 for 10.30 start.

The Fox, The Street, Lyng NR9 5AL . O.S. Grid reference: TG06871 17817. What3Words: next.muddle.unframed

No walk in October – HF walking holiday

Tuesday 10 November

North Elmham and County School

Leader: Alan Jones

Email: jonesalan9@hotmail.com

Tel 01362 860423

Mobile on the day 07845 963213

Deadline for receipt of emails or telephone calls: Friday 30 October 2026

The current plan is to walk through the village of North Elmham to the remains of the Anglo-Saxon cathedral/chapel, then across fields to join a footpath alongside the tracks of the Mid-Norfolk railway to County School station. The return section is on field edges, then paths through Elmham House parkland to St Mary's church and back through the village. The full walk is 5 miles but there are options to make it shorter to 3 ½ miles or so. Confirmation of walk details and lunch arrangements (probably at the King's Head in North Elmham NR20 5JB) in the October edition of Renaissance.

ART GROUP

New members are very welcome. Do join us if you want to try drawing/painting or would like to do your art in a small, friendly group.

Refreshments are provided but we bring our own art materials. If you just want to have a go, I can bring pencils/watercolours. Any queries, contact katepedleywebb@gmail.com.

We meet on the third Monday of the month at 2.00 at the Colney Lane Pavilion on the following dates

15 June
20 July
17 August
21 September
19 October
16 November
Dec no meeting

Kate Webb

BOOK GROUP

Informal meetings, lasting about one and a half hours, are held at the Colney Lane Pavilion at 2pm on the **second** Monday of the month. Books to be discussed are listed below and all titles are available in paperback and from the library, some as downloads.

The group will meet on the following dates:

8 June	'Three days in June' by Anne Tyler
13 July	'The women' by Kristin Hannah
10 August	'The one hundred years of Lenni and Margot ' by Marianne Cronin
14 September	'The housemaid' by Freida McFadden
12 October	'Raising Hare' by Chloe Dalton

9 November Poetry

Anyone is welcome to come along and join us and to suggest titles for future sessions. There is no charge and tea, coffee and biscuits are served. For more information please contact Janet Havers (janet.havers@btinternet.com or Tel. 01603 759644).

Janet Havers

FILM GROUP

This small, lively group normally meets once a month, on a Monday, at Cinema City. Whenever possible we go for a late morning/early afternoon screening to allow time afterwards for refreshments and to discuss the film before going our separate ways.

New members are most welcome.

For more information please Tel. 01603 743464 or email: evelyn.mould46@gmail.com

Evelyn Mould

GAMES AFTERNOONS

Games afternoons are held on the third Tuesday of the month starting at 2.00pm at the Pavilion. We have regular tables for Cribbage and Rummikub and additional board games and cards are available if required. If you don't know how to play any of the games, we'll teach you.

The emphasis at games afternoons is on enjoying playing games rather than skill and you are welcome to bring your own games for other members to try. Refreshments are provided.

Future dates are:

- 16 June**
- 21 July**
- 18 August**
- 15 September**
- 20 October**
- 17 November**

Please note the Croquet session planned for 16th June has been cancelled and it will be an ordinary Games session in the Pavilion.

Contact Details: Denis Brown Tel. 01603 409905 E Mail lizden144@btinternet.com

Denis Brown

GARDEN GROUP

Here is the Garden Group programme for the rest of the year. Thank you to Anne Guyon, Barbara Dewing, John and Katherine Gray for arranging the garden visits.

Friday 12 June Visit to Oulton Hall Gardens, Oulton NR11 6NU

A group visit has been arranged to Oulton Hall Gardens in Oulton near Aylsham for the afternoon of 12th June starting at 2.00pm.

Described in the National garden Scheme as a C18 manor house (not open) and clocktower set in six-acre garden with lake and woodland walks. Chelsea designer's own garden - herbaceous, Italian, bog, water, wild, verdant, sunken and parterre gardens all flowing from one tempting vista to another. Developed over 25 years with emphasis on structure, height and texture, with a recent replanting in a contemporary manner

The cost will be £12 per person with proceeds going Oulton Church.

Direction: From Aylsham, take B1354. After 4 miles turn left for Oulton Chapel Hall ½ mile on right. From B1149 (Norwich/Holt Rd); take B1354, next right, Hall ½ mile on right.

Wheelchair access is indicated on the NGS website, further details will be provided if needed.

Note – There are still places available for this visit, so if you would like to go, please email your intention to Barbara Dewing (dewberry07@btinternet.com) and return the booking slip to Barbara Dewing as soon as possible.

Wednesday 9 September Visit to Norfolk School of Gardening

The Norfolk School of Gardening is based in part of the formal garden and the mill paddock at Bixley Manor, Kirby Road, Norwich NR14 8SJ. This was the home of the Colman family of Colman's Mustard fame and still belongs to the family. The late Sir Timothy Colman was passionate about trees, and the school is surrounded by his stunning arboretum as well as lovely, mature gardens.

A group visit has been arranged for the afternoon of 9th September starting at 2.00 pm. at a cost of £6 per person.

The visit time will be about one and a half hours. This will include a short introduction in the classroom and refreshments, including fresh coffee or tea and homemade biscuits, followed by a tour of the school and possibly the grounds of the Manor (depending on whether there are any guests staying in the house). There may be plants for sale.

Directions: From the Southern Bypass (A47) take the A146 (Loddon Road). After about 0.4 mile turn left into Kirby Road. It is very important that you come into the estate on the correct drive; the entrance is the one immediately on your right. There is a thatched lodge (South Lodge) to the right of the entrance and a sign for Bixley Mill Drive. Follow the narrow drive all the way round; when the drive opens up, keep driving, you will see a big double garage on your left and a bungalow in front of you behind a hedge. Please park facing the field, against the fence on your right. We are just to the right of the garage.

Access is suitable for anyone with reduced mobility and using a stick but a wheelchair would be problematic.

If you would like to go on this visit, please complete the booking slip and return to Barbara Dewing by Tuesday 1st September

Talk Tuesday 27 October. 'Reviving the Medlar' - Jane Steward

Jane says she begins by asking our group about their medlar awareness. She then gives an introduction to the medlar, its original homeland and how it may have arrived in Britain, and why they became fashionable and much later, fell out of favour.

Harvesting and bletting will be explained. Jane will bring a patio medlar to show what is possible in a pot before speaking about medlars in the kitchen and how to get the most from them.

The jelly when in its final form is delicious, so much so it can quite easily be spread on toast like jam and is a pretty ruby tawny colour. There will be fruit to taste, as well as jars of jelly and chutney to taste.

Plant Heritage rated Jane's 115 trees in 2020 as a national collection which means her orchard is now a county amenity and a place people can visit, in May and October.

Also see description for this talk in the Talks section.

John Johnson

KNIT AND NATTER GROUP

We are a small group who appreciate the company, friendship and fellowship of meeting with like-minded people. We have people knitting a variety of pieces from garments and baby items through to novelty items and toys; tapestry making; felting; fresh lavender bags; Christmas decoration construction and beading/jewellery making. It is interesting to see what other people are doing and to help each other with our projects. Some of our group have been knitting items for charity which are delivered via the Norfolk Knitters and Stitchers to whom we are affiliated.

If anyone is interested in coming along (you don't have to commit to every month) we meet at the Colney Pavilion, 2-4pm on the **third** Monday of the month. If anyone would like further information, please contact me mndholland76@gmail.com

The Group will meet on the following dates:

- 15 June**
- 20 July**
- 17 August**
- 21 September**
- 19 October**
- 16 November**
- Dec no meeting**

Mandy Holland

LUNCH GROUP

Thursday 11 June Queen's Head, Hethersett

Lunch has been arranged at the Queen's Head, 12 Norwich Road, Hethersett NR9 3DD, meeting at 12.15. There is a small car park, and parking is allowed in much of Norwich Road.

Buses 13,14,15,16 come to Hethersett but stop about 15minutes walk away from pub. The 14 stops in Churchfields and the others stop opposite Churchfields in the main road. If you are coming by bus, I can give you more info.

If you wish to attend, please email j.johnson@uea.ac.uk or phone 01603 456465 as soon as possible.

Thursday 17 September Red Lion, Eaton

Lunch has been arranged at the Red Lion, 52 Eaton Street, Eaton NR4 7LD meeting at 12.15. There is a large car park.

Buses 2, 9, 11A from the City stop outside the Cellar House, a short walk from the Red Lion. Bus 11A from Cringleford Interchange stops opposite the Red Lion. Other non-express buses from Cringleford Interchange stop at Elveden Close.

If you wish to attend, please email j.johnson@uea.ac.uk or phone 01603 456465 by Tuesday 8 September.

John Johnson

MUSIC GROUP

There are no planned events at present

Note: In addition to any planned events, information about musical activities in Norwich is circulated to members who have shown interest. If you would like to be included in this circulation or wish to publicise a concert or musical event of your own, please email Verity at vj.lyall@outlook.com or phone 01603 613698.

Verity Lyall

BOOKING FORM FOR GARDEN GROUP VISIT

Visit to Oulton Hall Gardens on Friday 12th June at 2.00 pm

I would like to book place(s) at £12.00 per person.

Payment may be made by cheque or Bank Transfer (see NOTICE BOARD section of this Renaissance for UEARA account details):

I enclose a cheque for £.....payable to 'UEA Retirement Association'

or

I have paid £..... direct by Bank Transfer. Payers name on transfer.....

Name(s).....

Address.....

.....

Telephone number.....

Email address.....

Are any of the places for guests (i.e. non-Retirement Association members), required for insurance purposes.

Yes/No(name(s) if Yes)

Do you require a dairy or gluten free option for the tea?.....

Lifts to Oulton Hall: Barbara will kindly try match people as follows:

I am willing to offer a lift to people Yes/No

I/we would like a lift to the garden Yes/No

Please return this booking form by **as soon as possible** to:

Barbara Dewing, 29 Magnay Road, Drayton, Norwich NR8 6BT

BOOKING FORM FOR GARDEN GROUP VISIT

Visit to Norfolk School of Gardening on 9th September at 2.00pm

I would like to book place(s) at £6.00 per person.

Payment may be made by cheque or Bank Transfer (see NOTICE BOARD section of this Renaissance for UEARA account details):

I enclose a cheque for £.....payable to 'UEA Retirement Association'

or

I have paid £..... direct by Bank Transfer. Payers name on transfer.....

Name(s).....

Address.....

.....

Telephone number.....

Email address.....

Are any of the places for guests (i.e. non-Retirement Association members), required for insurance purposes.

Yes/No(name(s) if Yes)

Lifts to Norfolk School of Gardening: Barbara will kindly try match people as follows:

I am willing to offer a lift to people Yes/No

I/we would like a lift to the garden Yes/No

Please return this booking form by Tuesday 1st September to:

Barbara Dewing, 29 Magnay Road, Drayton, Norwich NR8 6BT

DATES FOR YOUR DIARY 2026

Booking/decision deadline dates are shown where appropriate.

Where no group event is mentioned for a month, it is yet to be decided

June	8	Book Group	'Three days in June' by Anne Tyler
	9	Walk	Halesworth and Chediston (deadline 1 June)
	11	Lunch Group	Queen's Head, Hethersett
	12	Garden Group	Visit to Oulton Hall Gardens
	15	Art Group	
	15	Knit and Natter	
	16	June	Games Afternoon (Croquet cancelled)
	23	AGM	(followed by talk)
	23	'Talk	Ballads, Songs and Snatches' – Norwich G&S Society
July	13	Book Group	'The women' by Kristin Hannah
	14	Walk	How Hill and Ludham (deadline 13 July)
	20	Art Group	
	20	Knit and Natter	
	21	Games Afternoon	
Aug	10	Book Group	'The one hundred years of Lenni and Margot ' by Marianne Cronin
	11	Walk	East Ruston and Stalham (deadline 10 Aug)
	17	Art Group	
	17	Knit and Natter	
	18	Games Afternoon	
Sep	8	Walk	Lyng and Sparham Pools (deadline 24 Aug)
	9	Garden Group	Visit to Norfolk School of Gardening (deadline 1 Sep)
	14	Book Group	'The housemaid' by Freida McFadden
	15	Ganes Afternoon	
	17	Lunch Group	Red Lion, Eaton (Deadline 8 Sep)
	21	Art Group	
	21	Knit and Natter	
	22	Talk	'The Great Fire of Norwich 1508'– Prof Carole Rawcliffe
Oct	5-9	Walking holiday, Church Stretton	
	12	Book Group	'Raising Hare' by Chloe Dalton
	19	Art Group	
	19	Knit and Natter	
	20	Games Afternoon	
	27	Talk	'Reviving the Medlar'– Jane Steward
Nov	9	Book Group	Poetry
	10	Walk	North Elmham and County School (deadline 30 Oct)
	16	Art Group	
	16	Knit and Natter	
	17	Games Afternoon	
	24	Talk	'Harrods and Brighton bombings and a few more!'– Paul Jordan
Dec	7	Christmas Social and lunch	

Future events are published in the next edition of Renaissance

UEA RETIREMENT ASSOCIATION
ANNUAL GENERAL MEETING

The 26th Annual General Meeting of the Retirement Association will be held on Tuesday 23 June 2026, at 2 pm in the Costessey Centre, Longwater Lane, Costessey.

A G E N D A

1. Apologies for absence
2. Minutes of the 25th AGM held on 24 June 2025 (circulated by e-mail)
3. Matters arising from the minutes
4. Acting chairs' report (circulated by e-mail) and questions
5. Statement of Accounts (circulated by e-mail) and fixing the annual subscription for 2027
6. Election of officers and committee members (see Notes 1 and 2 below)
7. Any other business

Notes

1. In connection with item 6, the following officers and committee members are willing to continue in office if re-elected:

Chairman:

Treasurer: Denis Brown

Secretary: Alison Ward

Membership Secretary: Keith Woods

Newsletter Editor: Steve Mosley

Committee Members: Alan Coddington

Barbara Dewing

Mandy Holland

Julie Houghton

John Johnson

Alan Jones

Verity Lyall

Evelyn Mould

Margaret Robins

2. A nomination form for the election of the officers and members of the committee is attached.

**NOMINATION FORM FOR 2026 ELECTION OF OFFICERS
AND OTHER COMMITTEE MEMBERS OF THE UEA RETIREMENT ASSOCIATION**

Post	Nominee	Proposed by	Seconded by	Nominee's signature
Chairman	-----			
Secretary	-----			
Treasurer	-----			
Membership Secretary	-----			
Newsletter Editor	-----			
Committee Members	----- ----- ----- -----			