





Citizens Academy Launch Event 3 May 2022

### **Areas of interest**

### Research

- Co ordinating other people who have completed research and assist with sharing research
- Health
- Death
- Occupational therapy
- Health and social sciences
- Old age
- Obesity
- Older peoples perspective of health
- Smoking
- Autism



"More research coming together to build more answers. Glad a change is happening"

## **Teaching**

- Rheumatoid arthritis
- Diet and nutrition
- Potentially any area
- Migrant and refugee health
- Deaf awareness



# What should our teaching focus be?

#### Communication

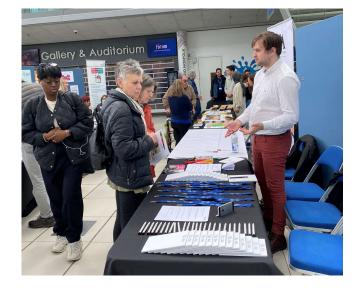
- "To listen to people"
- "Listening to the patients and clinicians"
- "Communication, listening to the person. Identifying any barriers and overcoming these"
- "Awareness of the culture/inter-generational communication"
- "Good communication with patients"
- "Face to face is most important. Personal touch and giving people time. Knowing that
  every person is an individual. Never be afraid to ask the question that needs to be
  asked. How you frame questions is most important eg. Do not be afraid to ask a

question about their race"

- "Deaf awareness and an understanding of the culture is vital to caring for those patients"
- Bedside manner qualities"

#### Awareness

- "That each person is an individual"
- "Patient experience. Personal experiences of care. That patients are experts by experience"
- "Health inequalities"



#### Understanding

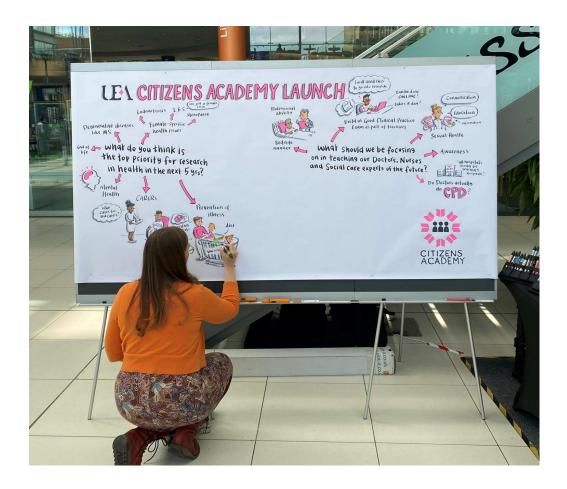
- "Signposting people to the right places. Older people don't necessarily have the skills to find this information online for themselves"
- "Many patients are older and young practitioners need to understand their perspective"
- "That health is more than the condition, goes beyond to things like diet and social interactions etc"

### Conditions

- Eating disorders
- Menopause
- Women's health
- IBS

### Other

- "Do GPs have CPD days?"
- Medical ethics.



# What is the top priority for research?

- · Experiences of youth in care
- Degenerative diseases, MS etc
- Preventive health/medicine.
- Public health
- Obesity and diabetes association with it.
- COVID research,
- Cancer research
- "Finding the right support is vital, community peer support groups. Finding information and sometimes the doctors don't tell you"
- "Safety for people used in trials"
- Dementia
- "Mental health both elderly and young the whole spectrum"
- "Deaf awareness is vital, including booking interpreters in medical settings"

"Online research is negating a section of society who don't have computer skills.... adding to health inequalities"

### How did we do?



### Other comments

- "Fully supportive of this research instead of EMHS, to find out what can be done better/differently"
- "Hopes the citizens academy will offer training and build capacity of the public through seminars and workshops"
- "Happy that people are doing something to improve things"



# **Accessibility**

The event was open and inclusive and welcomed a number of people with physical and hidden disabilities.

## **Final Numbers**

Footfall: 4465 Exhibitors: 16

Panel discussion attendees: 70 Questionnaire responses: 21

Details to be added to the service user database: 5

## **Video Links**

Panel discussion: https://bit.ly/CitizensAcademy-livestream

The Service User Video that was played at the Event will be available on the Citizens Academy website shortly.