

Significant improvements found in children's speech, language and communication skills after experiencing the Little Minds approach

A personal narrative spoken language task was used to collect information on children's language

Focus children were recorded talking about something meaningful to them, before and after engaging with the mindful approach in their school/setting over 10 weeks

An open-ended prompt was given by the child's key worker/class teacher; 'Tell me about your...'

We examined word count, sentence clauses and unique information given by the child



## Find out what the children said...



Hugo

Before - 'I just like robots and cars. And little motorbikes. And little bit of transforming cars.' Score: 27

After - 'Errmm, all of my toys in my bed. So I have a whale in my bed. And I have a, a gorilla in my bed. And I have a stor-, an, I told people about my story. And I got Pudsy and everything I have, and my baby in my bed.' Score: 71

Improved by 162%



Aaron

Before - 'Like playing cars [friends name].' Score: 9

After - 'Erm, cause... that that's the way I like to play.'

Score: 17

Improved by 89%



Asif

Before - 'Erm, I play lego.' Score: 7

After - 'I want to play, erm, lego with my friends. And I like my friend play with me. Erm, I'll [unclear], play myself.'

Score: 32

Improved by 357%

Hattie

Before - '(Brother's name) is a boy.' Score: 6

After - 'cause he's a big boy and he's (unclear) and he likes to go to sleep.' Score: 25

Improved by 316%



Erol

Before - "Ummmm, [Sibling] is a little baby and and he's a... and he loves me annnd heeeee does poos and stuff but I love him.' Score: 39

After - 'OK. [Sibling] has [medical condition] so he needs help so. My mummy and daddy and me help him, but sometimes it makes me hard to play with someone, but. But. I know that, I know, but I know my mummy is always there.'

Score: 70

Improved by 79%

Or search for  
Little Minds  
UEA



Find out more